**The Gospel of John:**

**I AM the Bread of Life**

*John 6:35-40*

**Context**

In this section of Scripture, the Lord gives a number of remarkable statements. Like precious gems that are strung together, genuine followers ought to cherish their significance to their life. The depth and implication give to us soul satisfying truths. And from them, we will never hunger or thirst again.

**John 6:35-40**—*Jesus said to them, “I am the bread of life; he who comes to Me will not hunger, and he who believes in Me will never thirst.****36****But I said to you that you have seen Me, and yet do not believe.****37****All that the Father gives Me will come to Me, and the one who comes to Me I will certainly not cast out.****38****For I have come down from heaven, not to do My own will, but the will of Him who sent Me.****39****This is the will of Him who sent Me, that of all that He has given Me I lose nothing, but raise it up on the last day.****40****For this is the will of My Father, that everyone who beholds the Son and believes in Him will have eternal life, and I Myself will raise him up on the last day.”*

Christ gives 3 notable truths

1. **Christ says about Himself**

**John 6:35**—*Jesus said to them, “I am the bread of life; he who comes to Me will not hunger, and he who believes in Me will never thirst.*

* **I AM**… (metaphorically)—The Bread (**v35**); the Light of the world (**8:12**); the Door of the Sheep (**10:7, 9**); the Good Shepherd (**10:11, 14**); The Resurrection and the Life (**11:25**); “The Way, and the Truth, and the Life (**14:6**); The True Vine (**15:1, 5**). And ultimately I AM in an absolute, unqualified sense (**4:26; 8:24, 28, 58; 13:19; 18:5-8**).
* Jesus uses the first person (“I” and “Me”) some 35 times
* Jesus is speaking plainly

1. Food for man’s soul
2. Bread is necessary food
3. Needed daily

There is no day in our lives but we need His blood, His righteousness, His intercession, and His grace. Well may He be called ‘the Bread of Life.’[[1]](#footnote-1)

1. Regardless of your station in life

* **Comes**—to come is to forsake the old life of sin and rebellion and submit to Him as Lord

**1 Thessalonians 1:9**—*For they themselves report about us what kind of a reception we had with you, and how you turned to God from idols to serve a living and true God.*

* **Believes**—to believe is to trust completely in Him as the Messiah and the Son of God, and to acknowledge that salvation comes solely through faith in Him

**John 14:6**—*Jesus said to him, “I am the way, and the truth, and the life; no one comes to the Father but through Me.*

**Acts 4:12**—*And there is salvation in no one else; for there is no other name under heaven that has been given among men by which we must be saved.”*

Repentance and faith are two sides of the same coin; to repent is to turn from sin, and to believe is to turn to the Savior. They are inseparable.[[2]](#footnote-2)

1. They do not believe

**John 6:36**—*But I said to you that you have seen Me, and yet do not believe.*

**Matthew 23:37**—“*Jerusalem, Jerusalem, who kills the prophets and stones those who are sent to her! How often I wanted to gather your children together, the way a hen gathers her chicks under her wings, and you were unwilling.”*

**Hebrews 4:2**—*For indeed we have had good news preached to us, just as they also; but the word they heard did not profit them, because it was not united by faith in those who heard.*

1. **Christ says about those who come to Him**

**John 6:37**—*All that the Father gives Me will come to Me, and the one who comes to Me I will certainly not cast out.*

1. Those whom the Father has chosen will come

**John 6:39**—*This is the will of Him who sent Me, that of all that He has given Me I lose nothing, but raise it up on the last day*

**John 10:29**—*My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of the Father’s hand.*

**John 17:2**—*Even as You gave Him authority over all flesh, that to all whom You have given Him, He may give eternal life.*

**John 17:6**—*I have manifested Your name to the men whom You gave Me out of the world; they were Yours and You gave them to Me, and they have kept Your word.*

(Cf **17:9,24**)  
  
**John 6:44**—*No one can come to Me unless the Father who sent Me draws him; and I will raise him up on the last day.*

**John 6:65**—*And He was saying, “For this reason I have said to you, that no one can come to Me unless it has been granted him from the Father.”*

**Matthew 22:14**—*For many are called, but few are chosen.”*

**Mark 13:20**—*Unless the Lord had shortened those days, no life would have been saved; but for the sake of the elect, whom He chose, He shortened the days.*

**Acts 13:48**— *When the Gentiles heard this, they began rejoicing and glorifying the word of the Lord; and as many as had been appointed to eternal life believed.*

(Cf. **Romans 8:28-30; Ephesians 1:4; Colossians 3:12; 1 Thessaoloinans1:4; 2 Thessalonians 2:13; 2 Timothy 1:9-10; Titus 1:1; James 2:5; 1 Peter 1:1-2; 1 Peter 2:9**)

1. Human responsibility includes man’s repentance

**Acts 17:30**—*Therefore having overlooked the times of ignorance, God is now declaring to men that all people everywhere should repent*

**Romans 10:13**—*for “Whoever will call on the name of the Lord will be saved.” (*Cf. **John 3:15-16***)*

1. Both repentance and faith are granted by God  
     
   (Cf. **Act 11:18; 2 Timothy 2:25***)***Romans 3:11***—There is none who understands, There is none who seeks for God*   
     
   (Cf. **Romans 8:7-8; 1 Corinthians 2:14; 2 Corinthians 4:4; Ephesians 2:1-3**).
2. Christ will refuse non that come to Him, v **37b**

Regardless of a person’s past, if he comes to Christ by faith, “then Christ will receive him graciously, pardon him freely, place him in the number of His dear children, and give him everlasting life.”[[3]](#footnote-3)

1. **Christ says about the will of His Father   
     
   John 6:38-40**—*For I have come down from heaven, not to do My own will, but the will of Him who sent Me.****39****This is the will of Him who sent Me, that of all that He has given Me I lose nothing, but raise it up on the last day.****40****For this is the will of My Father, that everyone who beholds the Son and believes in Him will have eternal life, and I Myself will raise him up on the last day.*

**John 3:14-15***—As Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up;****15****so that whoever believes will in Him have eternal life.*

***Number 21:9****—And Moses made a bronze serpent and set it on the standard; and it came about, that if a serpent bit any man, when he looked to the bronze serpent, he lived.*

1. *Everyone may look and live, v* ***40***
2. *Everyone who looks will not be lost or cast away—*

*HE WILL HOLD US FAST*

He will keep it [our souls] safe, from grace to glory, in spite of the world, the flesh, and the devil. Not one bone of His mystical body shall ever be broken. Not one lamb of His flock shall ever be left behind in the wilderness. He will raise to glory, in the last day, the whole flock entrusted to His charge, and not one shall be found missing.[[4]](#footnote-4)

**Romans 8:37-39**—*But in all these things we overwhelmingly conquer through Him who loved us.****38****For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers,****39****nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord.*

1. JC Ryle, Expository Thoughts, p. 259. [↑](#footnote-ref-1)
2. John Macarthur, NT Commentary, John 1-11, p. 246. [↑](#footnote-ref-2)
3. JC Ryle, p. 259. [↑](#footnote-ref-3)
4. Ibid, p. 260. [↑](#footnote-ref-4)